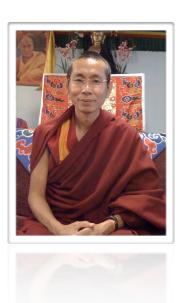
## **GELUG MAHAMUDRA**

The Great Seal of Reality: The Main Road of the Triumphant Ones The First Panchen Lama, Lobzang-chokyi-gyeltsen

> with Geshe Jampa Saturday, May 24, 1-4 PM





www.emahofoundation.org

Emaho Center is just south of McDowell Road, on the west side of Miller, in the Los Arcos Medical Plaza. Mahamudra, a Sanskrit word meaning "great seal," refers to the true nature of all phenomena.

One of the uncommon methods, Mahamudra is a technique that leads us to reflect upon the very nature of mind itself. When we apply a discriminating awareness that sees the illusory nature of all phenomenon to the mind itself, we gain a strong clarity of our skylike nature.

Geshe Jampa will guide us through this work by the first Panchen Lama and introduce us to the precious method of Mahamudra.

Geshe Jampa provides us with the opportunity to explore the ideas of Buddhism from the Tibetan monastic tradition. This serves as a great complement to Rinpoche's ongoing allegorical teaching style. Registration is not required and all are welcome. Please join us.