

## Long Life Prayer for His Holiness the 14th Dalai Lama

GANG RI RA WAY KOR WAY SHING KHAM DIR  
In this Pure Land surrounded by the snowy mountains

PHEN DANG DEY WA MA LU JUNG WAY NAY  
You are the source of all benefit and happiness,  
without exception.

CHEN RAY ZIG WANG TEN ZING GYA TSO YI  
All powerful Avalokiteshvara, Tenzin Gyatso,

SHAB PA SID THAY BAR DU TEN GYUR CHIG  
May you remain until samsara ends.



## Long Life Prayer for ZaChoeje Rinpoche

Hail to the three-fold infallible objects of refuge,  
And the assemblage of deities of longevity,  
Who if relied upon, fulfill all our wishes,  
And shower forth goodness and well being in  
Samsara and beyond.

I pray to the glorious and unequalled Master,  
Who is unrivaled in disseminating the sublime  
Buddha's teachings,  
According to the tradition of Lama Tsongkhapa,  
The supreme holder of the immaculate  
Dharma of the Buddha.

Perfectly trained in listening, contemplating and meditating,  
Upon the tradition of Lama Tsongkhapa,  
You are skilled in delivering countless beings to ultimate liberation,  
May you, O benefactor of all beings and the Dharma, live long!

Being wise, devoted and benevolent,  
You are endowed with the qualities of a noble being,  
Enriched with the Dharma, you possess the marks of a perfect teacher.  
May you live long for the glory of the Dharma.

Through kindness of ocean-like infinite fields of refuge,  
The power of the primordial pure and profound suchness,  
And unwavering faith and unchanging reverence,  
May all my sincere wishes and prayers be eventually fulfilled.

